

## FACE DRAWING

### 1-

Well, our training today is related to the drawing of the face.

#### **Meditation**

First I would like to do a short meditation with you if you agree of course.

So, I'm asking you to put yourself in a comfortable position to close your eyes and let it go...

Are you ready? Ok ! let's start ...

You should breathe slowly and deeply.... other time.... slowly and deeply ???? times.

Now imagine you are in a space so much green ... next to the sea..... smell the sea, the flowers and everything that surrounds you are now floating in the air and you can feel the wind in your face.

" ... You will keep all these moments in your heart, in your soul .... breathe slowly and deep. At your time you may open your eyes and come back to this room.

Now, after these relaxing moments we can start our work.

### 2

a) Draw a vertical line in the middle of the sheet with 18 cm of distance and mark two points (up and down).

b) Divide this line into 3 equal parts, each one with the distance of 6 cm.

In the second line, take the 2nd point and measure 2 cm down. Repeat the process. In the 4<sup>th</sup> point mark 2cm again.

c) The second line will be to draw the eyebrow, the third to draw the eyes, the fourth to the nose and finally the last to represent the chin.

d) As our face is symmetrical you can represent just a half and then with a tracing paper draw the other part of the face.

2 - Now you are going to look attentively the different type of noses, eyes, faces and mouths and try to see the similarities with your face.

### 3

Finally, let's paint the face with the 6B pencil. As you can see in the pictures, the light of our face is affected by the light we are exposed (natural or artificial). So, you can do more or less shadows.

You are going to fill the whole face with charcoal but you should not press the pencil while painting.

Then, you will use toilet paper to make the stain more uniform.

Finally, you will make this uniform stain darker, depending on the light and always without pressing the pencil 6 B. The secret of representing anything is in the correct placement of the shadows.

I hope you have enjoyed and thank you all.